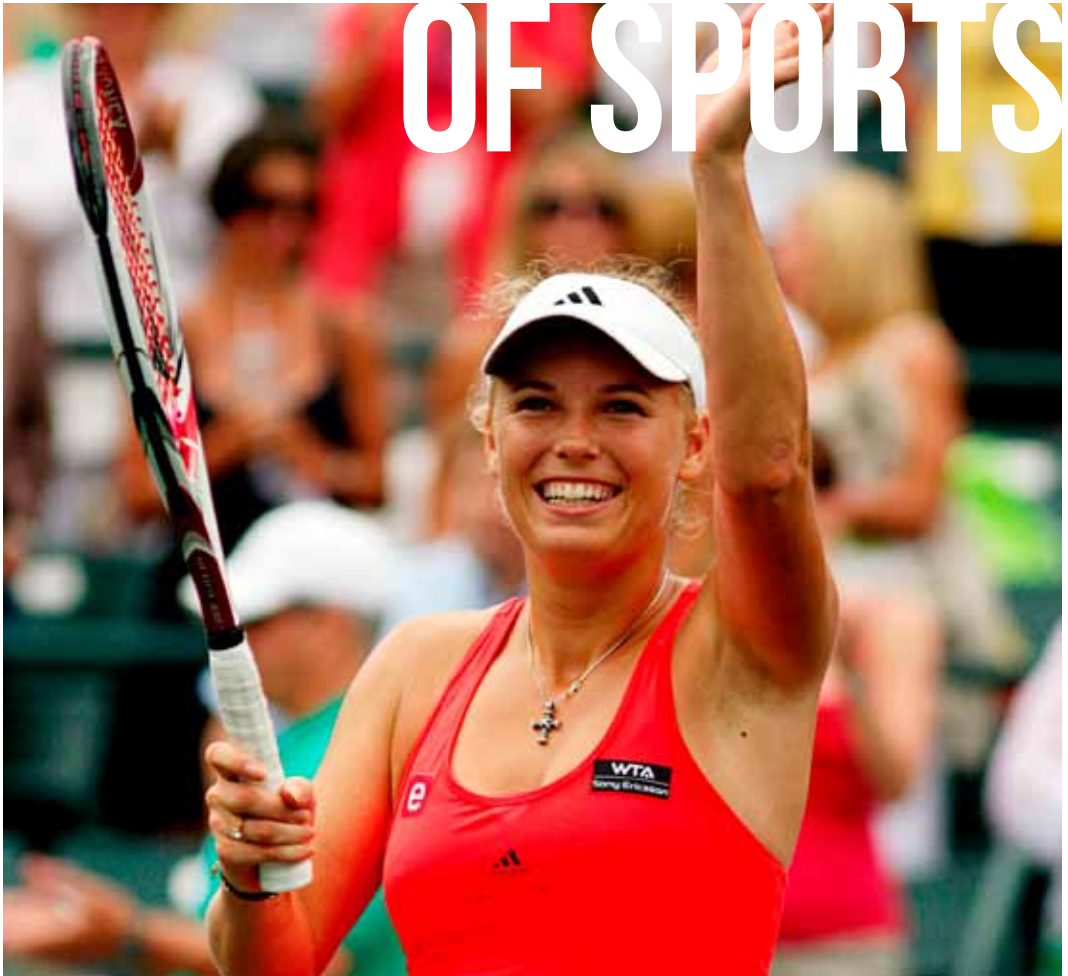


# WELCOME TO THE DANISH WAY OF SPORTS



# WELCOME



... to Denmark and to a variety of opportunities if you enjoy sport. Whether you have come to live or work here for a period of time you will find that sport is an excellent way of experiencing the Danish culture. Danes love sport and about 75 percent of all children and young people engage in sport regularly in their spare time, and almost half of the adult population is engaged in sport and physical activity.

I encourage you to engage in the Danish world of sports and create networks and friendships beyond education, nationality and age and hope you will enjoy your stay in Denmark.

**HRH Crown Prince Frederik of Denmark**

*Member of the International Olympic Committee (IOC)*



## **MOST POPULAR SPORTS IN DENMARK**

Nearly two million people are members of the 61 national federations that are part of the Sports Confederation of Denmark. Football (soccer) is the most popular sport with almost 350.000 members followed by golf and swimming. Also gymnastics, handball, badminton, horseback riding, tennis and sailing are among the most popular sports.

## **THE PRINCIPLE OF VOLUNTEERS**

The structure of the national federations and local clubs is democratic. A general meeting is held every year and president, board members, cashier etc. are normally elected or re-elected every second year.

Most clubs are run by volunteers and openness and joint responsibilities are key words. The elite sections have paid staff but the primary tasks in the local clubs are taken care of by volunteers. Sports leaders, coaches and helpers manage the daily duties such as trimming the grass on the football field, putting out the ropes in the swimming pool and gathering the members of the clubs for training or social activities.

## **FUNDING OF DANISH SPORTS**

In Denmark a law called 'The Act on Youth and Adult Education' has the purpose of ensuring municipal aid to leisure time education and activities such as local sports. It is executed in the form of grants to sports activities and rent of indoor and

outdoor facilities. Apart from the financial help from the municipalities the local clubs are funded by annual or six-monthly membership fees which are usually rather low. Especially sports like table tennis and combative sports are in a lower price range whereas golf is one of the most expensive sports to engage in.

## **EVERYBODY CAN JOIN**

It is very easy to become part of one of the thousands of sports clubs in Denmark. Most of them offer an introduction period for the newcomer to get an idea of how the particular club is working and become accustomed to the environment before charging a membership fee.

All clubs are gladly welcoming new members into their family at all times. Whether it is to do sport or just help out as a volunteer, all are accepted on equal terms and conditions. A simple phone call to the president of the chosen club will provide more information, and the 61 national federations are ready to assist in finding a club nearby.

*We welcome you to join the Danish way of sports and wish you luck with whichever activities you choose to engage in.*

### **Niels Nygaard**

*President*

*National Olympic Committee and Sports Confederation of Denmark*

# THE 61 NATIONAL FEDERATIONS

MORE INFORMATION ON [WWW.DIF.DK](http://WWW.DIF.DK):

- The American Football Federation of Denmark, [www.daff.dk](http://www.daff.dk)
- The Danish Amateur Boxing Association, [www.dabu.dk](http://www.dabu.dk)
- The Danish Archery Federation, [www.dbsf.dk](http://www.dbsf.dk)
- The Danish Athletics Federation, [www.dansk-atletik.dk](http://www.dansk-atletik.dk)
- The Danish Automobile Sports Union, [www.dasu.dk](http://www.dasu.dk)
- The Danish Badminton Federation, [www.badminton.dk](http://www.badminton.dk)
- The Danish Basketball Federation, [www.basket.dk](http://www.basket.dk)
- The Danish Billiards Union, [www.ddbu.dk](http://www.ddbu.dk)
- The Danish Bowling Federation, [www.bowlingsport.dk](http://www.bowlingsport.dk)
- The Danish Canoe and Kayak Federation, [www.kano-kajak.dk](http://www.kano-kajak.dk)
- The Danish Cricket Federation, [www.cricket.dk](http://www.cricket.dk)
- The Danish Curling Federation, [www.curling.dk](http://www.curling.dk)
- The Danish Cycling Union, [www.cyclingworld.dk](http://www.cyclingworld.dk)
- The Danish Darts Organisation, [www.dart-ddu.dk](http://www.dart-ddu.dk)
- The Danish Equestrian Federation, [www.rideforbund.dk](http://www.rideforbund.dk)
- The Danish Floorball Union, [www.floorball.dk](http://www.floorball.dk)
- The Danish Football Association, [www.dbu.dk](http://www.dbu.dk)
- The Danish Fencing Federation, [www.faeftning.dk](http://www.faeftning.dk)
- The Danish Gliding Union, [www.dsvu.dk](http://www.dsvu.dk)
- The Danish Golf Union, [www.danskgolfunion.dk](http://www.danskgolfunion.dk)
- The Danish Gymnastics Federation, [www.dgf.dk](http://www.dgf.dk)
- The Danish Hanggliding and Paragliding Union, [www.dhpu.dk](http://www.dhpu.dk)
- The Danish Hockey Union, [www.landhockey.dk](http://www.landhockey.dk)
- The Danish Handball Federation, [www.dhf.dk](http://www.dhf.dk)
- The Danish Ice Hockey Union, [www.ishockey.dk](http://www.ishockey.dk)
- The Danish Judo and Ju Jitsu Union, [www.dju.dk](http://www.dju.dk)
- The Danish Karate Federation, [www.danskkarateforbund.dk](http://www.danskkarateforbund.dk)
- The Danish Kick- and Thaiboxing Federation, [www.dktf.dk](http://www.dktf.dk)
- The Danish Military Sports Federation, [www.dmif.dk](http://www.dmif.dk)
- The Danish Minigolf Union, [www.minigolf.dk](http://www.minigolf.dk)
- The Danish Modern Pentathlon Federation, [www.dtrif.dk](http://www.dtrif.dk)
- The Danish Motor Sports Union, [www.dmusport.dk](http://www.dmusport.dk)
- The Danish National YMCA Sports Alliance, [www.kfumid.dk](http://www.kfumid.dk)
- The Danish Nine-Pin Bowling Federation, [www.kegler.dk](http://www.kegler.dk)
- The Danish Orienteering Federation, [www.do-f.dk](http://www.do-f.dk)
- The Danish Parachuting Federation, [www.dfu.dk](http://www.dfu.dk)
- The Danish Petanque Federation, [www.petanque.dk](http://www.petanque.dk)
- The Danish Powerlifting Federation, [www.styrke.dk](http://www.styrke.dk)
- The Danish Roller-Skating Federation, [www.dkru.dk](http://www.dkru.dk)
- The Danish Rowing Federation, [www.roning.dk](http://www.roning.dk)
- The Danish Rugby Union, [www.rugby.dk](http://www.rugby.dk)
- The Danish Sailing Association, [www.sejlsport.dk](http://www.sejlsport.dk)
- The Danish Shooting Union, [www.skytteunion.dk](http://www.skytteunion.dk)
- The Danish Skating Union, [www.danskate.dk](http://www.danskate.dk)
- The Danish Ski Federation, [www.skiportal.dk](http://www.skiportal.dk)
- The Danish Softball Federation, [www.dbasof.dk](http://www.dbasof.dk)
- The Danish Sport Climbing Federation, [www.klatreforbund.dk](http://www.klatreforbund.dk)
- The Danish Sports Dance Federation, [www.sportsdans.dk](http://www.sportsdans.dk)
- The Danish Sports Federation for The Disabled, [www.dhif.dk](http://www.dhif.dk)
- The Danish Squash Federation, [www.dsqr.dk](http://www.dsqr.dk)
- The Danish Subaquatic Sports Federation, [www.sportsdykning.dk](http://www.sportsdykning.dk)
- The Danish Swimming Federation, [www.svoem.dk](http://www.svoem.dk)
- The Danish Table Tennis Union, [www.dbtu.dk](http://www.dbtu.dk)
- The Danish Taekwondo Federation, [www.taekwondo.dk](http://www.taekwondo.dk)
- The Danish Tennis Federation, [www.tennis.dk](http://www.tennis.dk)
- The Danish Triathlon Federation, [www.dtrif.dk](http://www.dtrif.dk)
- The Danish Volleyball Federation, [www.volleyball.dk](http://www.volleyball.dk)
- The Danish Water Ski Federation, [www.vandski.dk](http://www.vandski.dk)
- The Danish Weightlifting Federation, [www.weightlifting.dk](http://www.weightlifting.dk)
- The Danish Workers' Sports Federation, [www.dai-sport.dk](http://www.dai-sport.dk)
- The Danish Wrestling Union, [www.brydning.dk](http://www.brydning.dk)